

A close-up portrait of a woman with long, wavy, light brown hair, smiling warmly at the camera. She is wearing a purple top. The background is a soft, out-of-focus blue and green.

CARA MCLAUCHLAN

Personal Profile

Writer/Encourager.

About Cara McLauchlan

Cara McLauchlan is a storyteller. She delights in encouraging families with her words and ideas. She has published numerous articles and books to inspire God's best in others. She has recently written and published *Nourish: Encouragement for Parents Homeschooling Through High School* – a book that celebrates 10 years of homeschooling and mentoring other families on this journey. Her additional published works include *Chicken Soup for the Caregivers Soul*, *Chicken Soup for the Hockey Moms Soul*, and *The Portable Red-Hot Mama*. She is a contributor to several publications including *The Joyful Life Magazine*, *Carolina Parent*, *Carolina Woman*, *Charlotte Parent*, and *Medium/Koinonia*.

Professional Background

Cara McLauchlan received her B.A. in Journalism/Public Relations and her MA in Advertising/Public Relations – both from Michigan State University. She married the man of her dreams, Russell, the day after Hurricane Fran in 1996. She is grateful to be a mother to her college-age son Campbell and two amazing stepchildren, Craig and Kelly. Cara spent the last ten years trekking through the adventure of homeschooling. Prior to homeschooling, Cara enjoyed a career in corporate public relations with Starbucks, Sprint and McDonald's Corporation. She is proud to have been part of pouring the first cup of Starbucks Coffee in North Carolina, the first official phone call on the golden phone for Sprint and the opportunity to know Ronald McDonald personally. Even though this reveals too much about her age, they make for great stories.

Get in Touch

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